

CROSSFIRE:

Comparing Salvage SBRT with Other Salvage Modalities

(Surgery, HIFU, Cryo, LDR, HDR)

Lee Richstone, MD, FACS, FRCS

Professor and Chair

Northwell Urology at Lenox Hill Hospital

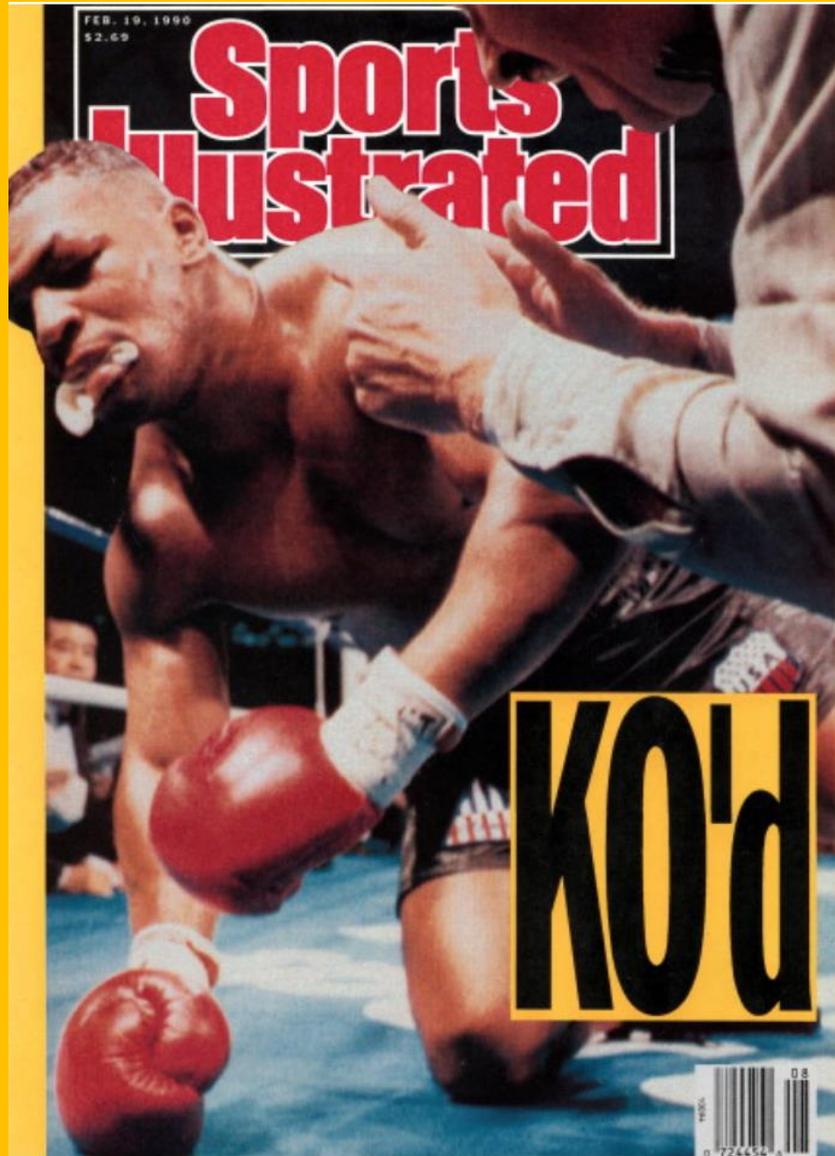


Northwell Urology at Lenox Hill Hospital



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ZUCKER SCHOOL *of* MEDICINE
AT HOFSTRA/NORTHWELL





No Disclosures – No Skin in The Game

- I do not perform CRYO
- I do not perform HIFU
- I do perform salvage RP (6/yr!)



All Salvage Therapies Underutilized

- Limited use of salvage therapies
 - Despite candidacy → 90-95% get ADT
 - Concerns over toxicity
 - Questions regarding efficacy
 - Challenges with patient selection
 - Lack of expertise/experience
- So, what is the “RIGHT THING”?



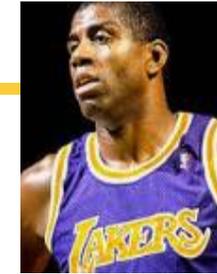
HIT 'EM WITH SBRT



Not So Fast Mack...The Data Just Isn't There Yet



sSBRT



Salvage radical prostatectomy

Salvage cryotherapy

Salvage high intensity focused ultrasound

Salvage LDR brachytherapy

Salvage HDR brachytherapy



Salvage Surgery: It's Not Your Grandad's Radical!



- Open salvage radical prostatectomy
 - Continence → 50 %
 - Artificial sphincter → 25 percent
 - Stricture/contracture → 25%
 - Ureteral or rectal injury → 1-2%
- Not widely employed (0.5% of all RP)
 - Patients are rarely even given the option



Contemporary Salvage Prostatectomy (sRALP)

- **Improved Efficacy** of contemporary salvage RP
 - More accurate staging (MRI, PET)
 - Better patient selection
 - Robotic surgery: precision + vision
- **Reduced Morbidity** of contemporary salvage RP
 - Robotic technique – direct vision of rectal plane
 - Watertight vesicourethral anastomosis
 - Advanced continence sparing techniques



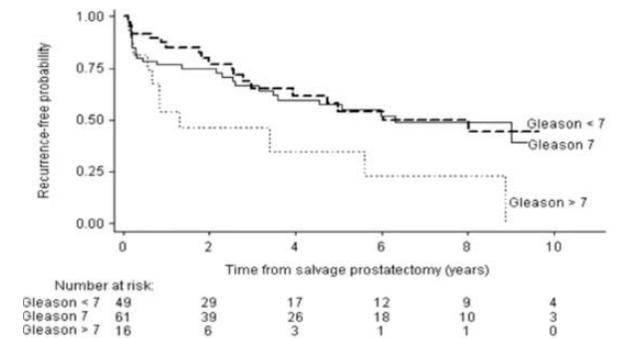
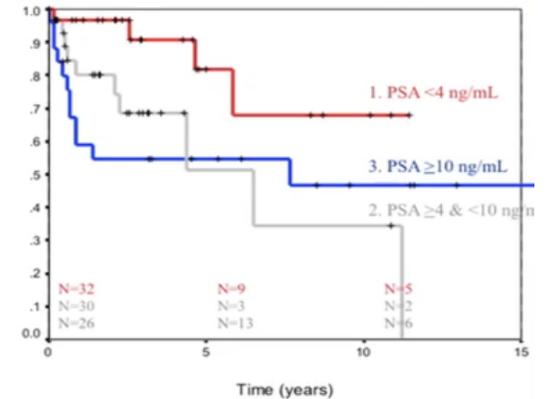
Candidates for Salvage Radical Prostatectomy (sRP)

Well Selected Patients

- Initial disease: **GG2-3, T1-T3a, N0M0**
- Current status: **PSA ideally <4, certainly <10**
- Positive biopsy, MRI and PSMA/PET
- Life expectancy >10 years
- Limited toxicity from primary radiotherapy

Educated Patients

- Regarding competing risks/benefits
- Treatment aligned with their goals/values/emotions
- Many have decision regret and want extirpation in this context



Reduced **Morbidity** Open vs. Robotic

- Multiple series >300 patients
 - 0.5% - 1.5% rectal injury
 - 0 – 5.9% stricture/contracture
 - 1.37% anastomotic leak
 - Transfusion <1%

RESEARCH ARTICLE: SYSTEMATIC REVIEW AND META-ANALYSIS

Functional outcomes and complications following salvage radical prostatectomy for post radiotherapy recurrent prostate cancer: A meta-analysis

Zhou, Yachun BSN²; He, Xiujun BSN²; Yu, Qin BSN²; Zhong, Qing BSN^{2*}

Author Information

Medicine 104(39):p e44440, September 26, 2025. | DOI: 10.1097/MD.0000000000004440

OPEN SDC

Salvage Radical Prostatectomy for Recurrent Prostate Cancer: Morbidity and Functional Outcomes from a Large Multicenter Series of Open versus Robotic Approaches



Paolo Gontero, Giancarlo Marra,* Paolo Alessio, Claudia Filippini, Marco Oderda, Fernando Munoz, Estefania Linares, Rafael Sanchez-Salas, Ben Challacombe, Prokar Dasgupta, Sanchia Goonewardene, Rick Popert, Declan Cahill, David Gillatt, Raj Persad, Juan Palou, Steven Joniau, Thierry Piechoud, Alessandro Morlacco, Sharma Vidit, Morgan Rouprêt, Alexandre De La Taille, Simone Albisinni, Giorgio Gandaglia, Alexander Mottrie, Shreyas Joshi, Gabriel Fiscus, Andre Berger, Monish Aron,† Henk Van Der Poel, Derya Tilki, Nathan Lawrentschuk, Declan G. Murphy, Gordon Leung, John Davist and Robert Jeffrey Karnes, and Collaborators

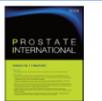
From the Department of Urology, San Giovanni Battista Hospital, Città della Salute e della Scienza (PG, GM, PA, MO), Departments of Statistics (CF) and Oncology (RJK), University of Turin, Turin and Department of Radiotherapy, Pavia Hospital (FM), Aosta, Italy, Departments of Urology, Institut Mutualiste Montsouris (EL, RS-S) and Sorbonne Université, GRC No. 5, ONCOTYPE-URO, AP-HP, Hôpital Pitié-Salpêtrière (MR), F-75013 Paris, Clinique Saint Augustin (TP), Bordeaux and CHU Mondor (ADLT), Créteil, France, Urology 47 Centre, Guy's Hospital (BC, PD, SG, RP), King's College London (PD) and Royal Marsden Hospital (DC), London and Bristol NHS Foundation Trust (DG, RP), Bristol, United Kingdom, Fundació Puigvert (UP), Barcelona, Spain, Leuven University Hospitals (SJon), Leuven, Institut Jules Bordet, Université Libre de Bruxelles (SA), Bruxelles and QLV Hospital (DG, AMed), Adelaide, Belgium, Mayo Clinic (AMK, SV), Rochester, Minnesota, Vanderbilt University, Medical Center North (SJos, GF), Nashville, Tennessee, USC Norris Comprehensive Cancer Center and Hospital, University of Southern California (AB, MA), California, Netherlands Cancer Institute (HVDPI), Amsterdam, Netherlands, and Martini-Klinik Prostate Cancer Center and Department of Urology, University Hospital Hamburg-Eppendorf (DT), Hamburg, Germany, Division of Cancer Surgery, Peter MacCallum Cancer Centre, Melbourne and Sir Peter MacCallum Department of Oncology, University of Melbourne, Parkville, Victoria (NL, DGM), Australia, and Division of Surgery, Department of Urology, University of Texas MD Anderson Cancer Center (GL, JD), Houston, Texas, and Collaborators



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Research Article

Comparing open and robotic salvage radical prostatectomy after radiotherapy: predictors and outcomes

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[19]. Gontero P, Marra G, Alessio P, et al. Salvage radical prostatectomy for recurrent prostate cancer: morbidity and functional outcomes from a large multicenter series of open versus robotic approaches. J Urol. 2019;202:725-31.

Cited Here | Google Scholar



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Largest Single Series

- 257 post-radiation robotic prostatectomy
- Largest cohort of S-RARP reported
- Nearly 70% of patients with GG3
- The 3-yr **continence** rate = 67%
- **Biochemical recurrence** free at 5 years = 65%

Outcomes of Salvage Robotic-assisted Radical Prostatectomy: High-volume Multicentric Data from the European Association of Urology Robotic Urology Section Scientific Working Group

Marcio Covas Moschovas^{a,*}, Shady Saikali^a, Marco Sandri^b, Carlo Bravi^c, Ugo Falagarò^d, Arjun Nathan^e, Justin Collins^e, Eleonora Balestrazzi^f, Gert de Naeyer^f, Ruben Groote^{f,g}, Maria Chiara Sighinolfi^h, Sophie Knipperⁱ, Markus Graefenⁱ, Randi Poseⁱ, Guillaume Ploussard^{j,k}, Hamza Idais^l, Hubert John^m, Angelo Mottaranⁿ, Riccardo Schiavinaⁿ, Pietro Piazzaⁿ, Eugenio Brunocillaⁿ, Alberto Breda^o, Bernardo Rocco^h, Nina N. Harke^l, Alexandre Mottrie^{f,g}, Senthil Nathan^e, Vipul Patel^a, Peter Wiklund^d

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Largest robotic sRALP Series

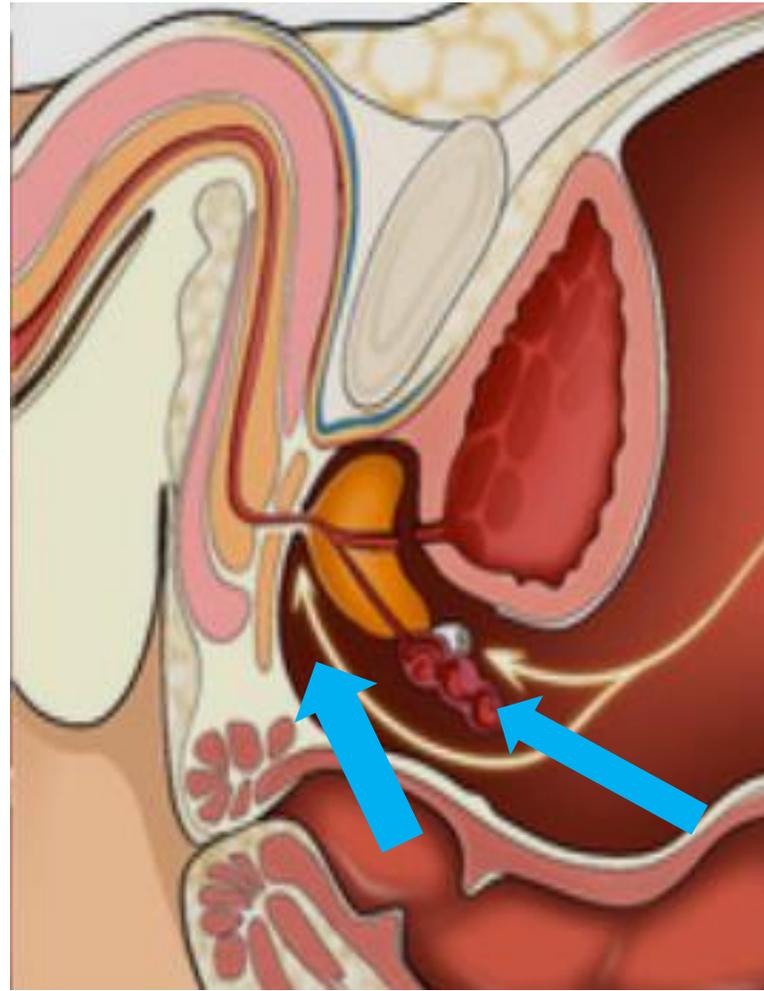
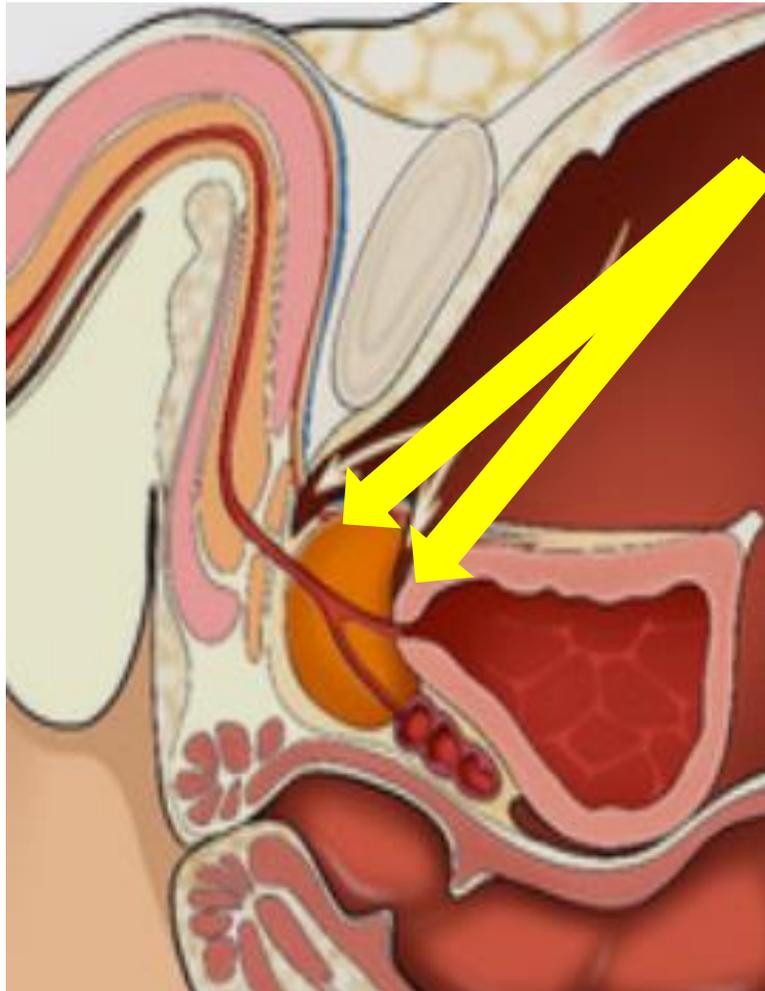
Parameters	Radiation therapy (N = 257)
EBL (ml)	100 (50–200)
Total operative time (min)	126 (113–150)
Lymph node dissection, n (%)	181 (70)
Nerve sparing degree, n (%)	
Full	7 (2.7)
Partial	176 (68)
None	23 (8.9)
NA	51 (20)
Intraoperative complications, n (%)	3 (1.2)

Parameters	Radiation therapy (N = 257)
<i>Continence recovery</i>	
Events (n)	177
Unadjusted hazard ratio	Reference
Adjusted hazard ratio	Reference
Rate at 36 mo (%)	67 (60–74)
<i>Potency recovery</i>	
Events (n)	48
Unadjusted hazard ratio	Reference
Adjusted hazard ratio	Reference
Rate at 36 mo (%)	15 (11–21)
<i>Biochemical recurrence</i>	
Events (n)	69
Unadjusted hazard ratio	Reference
Adjusted hazard ratio	Reference
Rate at 60 mo (%)	35 (28–43)
<i>Overall survival</i>	
Deaths (n)	11
Unadjusted hazard ratio	Reference
Rate at 60 mo (%)	95 (90–98)

Parameters	Radiation therapy (N = 257)
<i>ISUP, n (%)</i>	
1	3 (1.2)
2	50 (19)
3	63 (25)
4	27 (11)
5	88 (34)
NA	26 (10)
<i>Pathological tumor stage pT, n (%)</i>	
T2	105 (41)
T3a	66 (26)
T3b	83 (32)
T4	3 (1.2)
<i>Pathological nodal stage pN, n (%)</i>	
N0	215 (84)
N1	26 (10)
Nx	16 (6.2)
PSM total, n (%)	57 (22)
Postoperative complications in 90 d, n (%)	71 (28)
<i>Clavien classification, n (%)</i>	
0	160 (62)
1	81 (32)
2	11 (4.3)
≥3	5 (1.9)



Retzius Sparing for Salvage Prostatectomy



Retzius Sparing for Salvage Prostatectomy

- Small studies suggest great potential: 90-100% continence versus 44% for anterior approach

Author	Year	N. of patients	Primary Therapy	TOT/CT (minutes)	IOC (%)	EBL (mL)	POC (Clavien) In 90 days (%)	PSM (%)	Continence/ (%)	BCR (%)	MFU months
Nunes-Silva (27)	2021	*RS (12)	EBRT (10) BRC (2)	NA/138	0	81	8.3(Clv 3)	25	91.6	16.6	12
Madi et al.	2021	*RS (20)	BRC-4	NA/ 141	0	50	10 Clv 1-3	30	100	20	18

CORVETTE

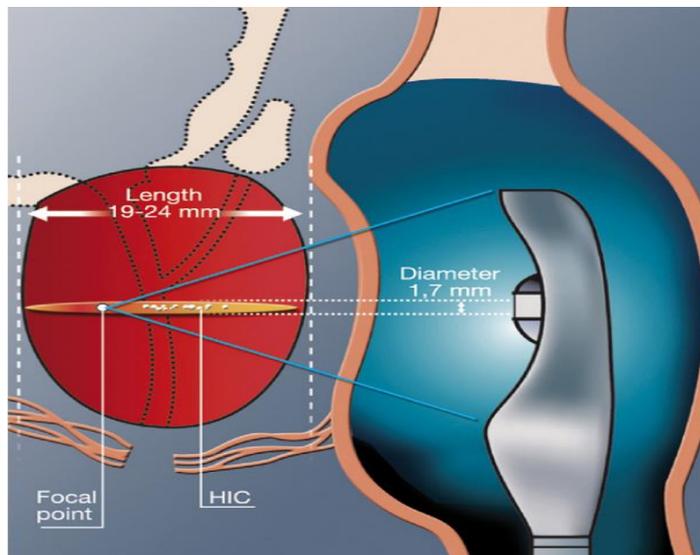


EVOLUTION

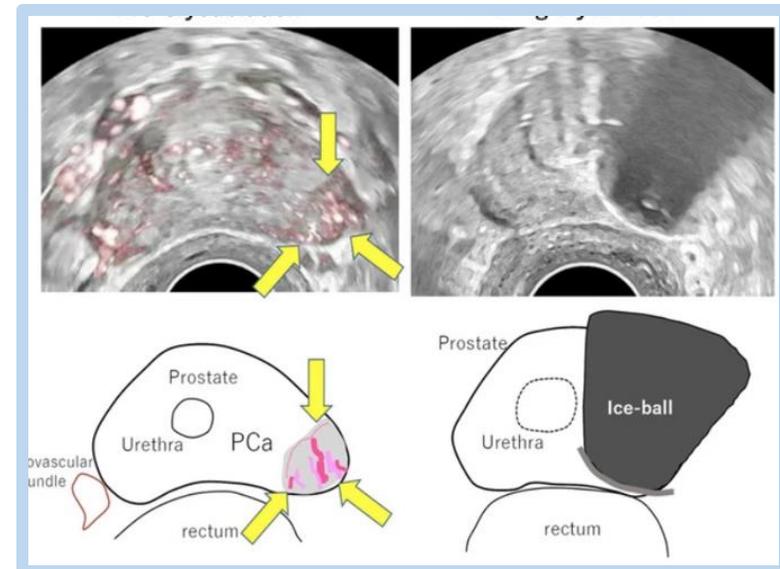


sHIFU and sCRYO

- Spinal or general anesthesia
- No needles
- Approximately 2-hour procedure
- Foley catheter 3-5 days



- Two freeze/thaw cycles
- Trans-perineal approach
- Single treatment ~ 45 minutes
- Real time intraoperative monitoring



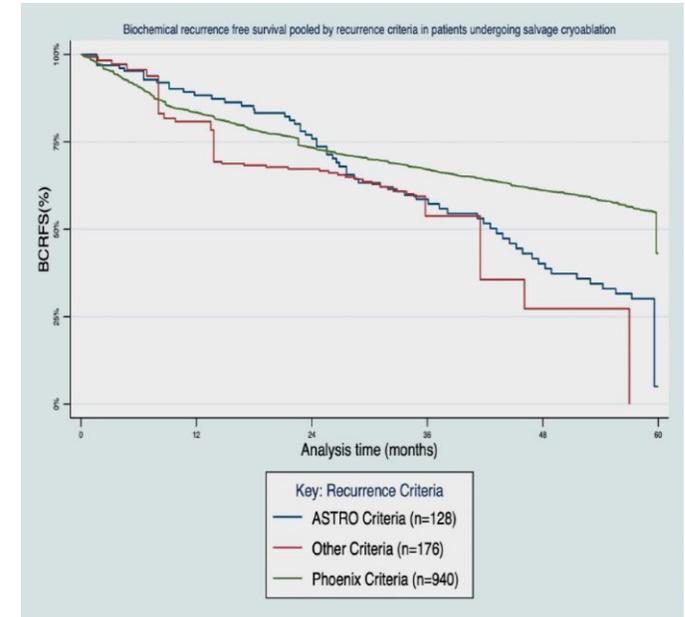
Historical sCRYO Data – Whole Gland

Review

Salvage Cryoablation for Recurrent Prostate Cancer Following Radiation—A Comprehensive Review

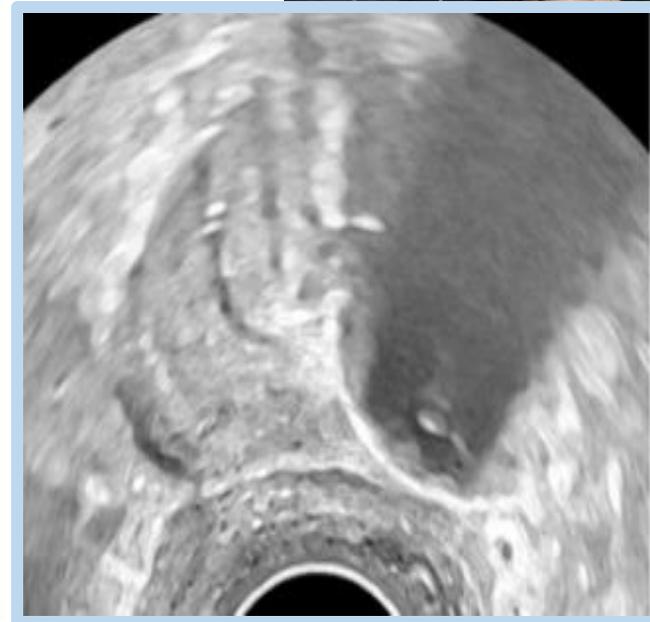
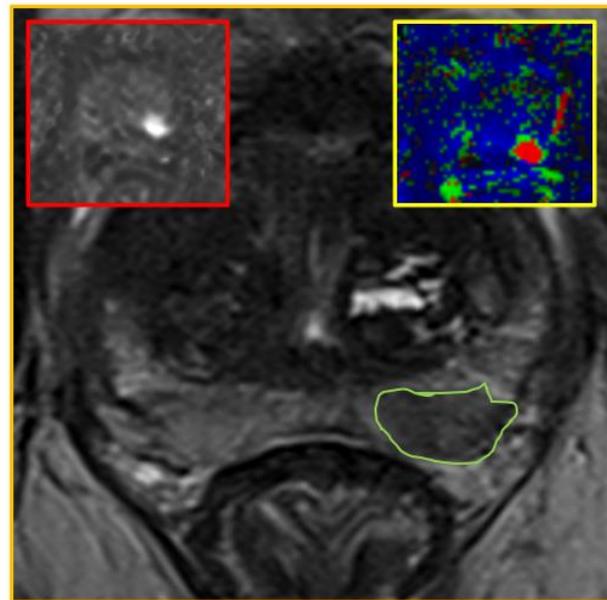
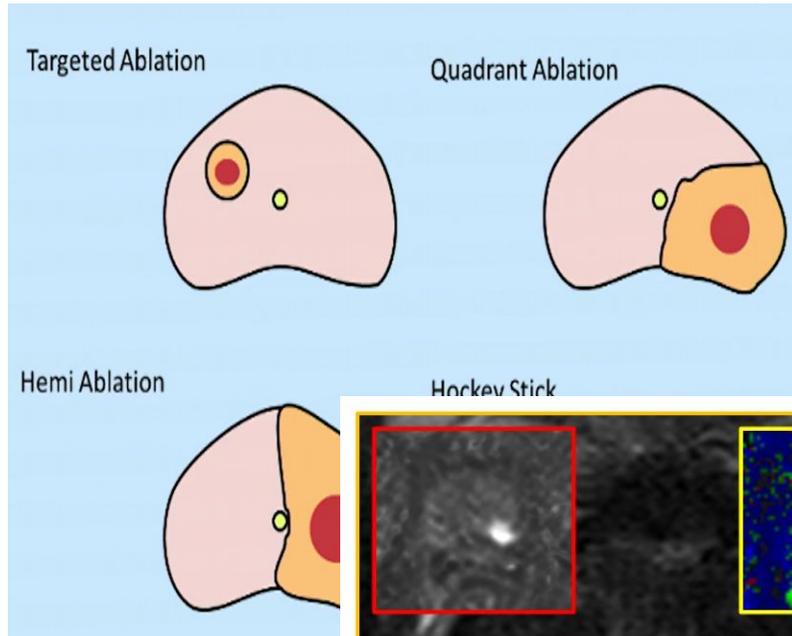
Harry Lee[†], Sameer Thakker[†], Kevin Pineault, James Wysock and Wei Phin Tan^{*†b}

- **Long term survival data & large cohorts**
 - 13 studies with survival at least 5 years
 - 4 studies **10-year outcomes**
- 5y BRFS/PFS ranged from 43.5 to 86%
- 10y BRFS/PFS was 35% → up to 79% ADT-free
- CSS ranged from 79-100% at 5 years and 79-92.5% at 10 years



Preferred Ablation Modality?

Tailored Cryo





Salvage Ablation for Radiation-Recurrent Localized Prostate Cancer: Clinical Outcomes and Recommendations - A Focal Therapy Society Best Practice Statement (7842 Patients)

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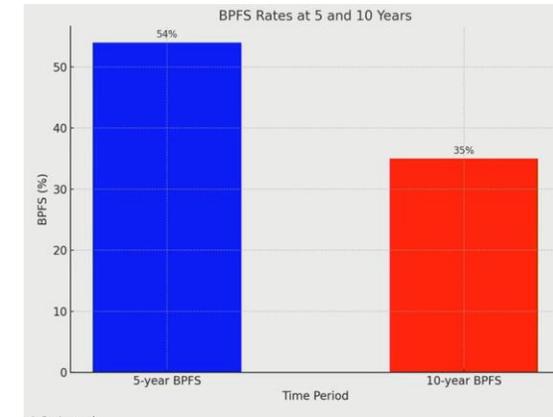
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BIOCHEMICAL PROGRESSION FREE SURVIVAL (BPFS)

- WHOLE GLAND ABLATION

- BPFS at 5- and 10- yrs for whole sCRYO was 58% and 35%
- BPFS at 5- years for whole sHIFU at 5-years was 47%



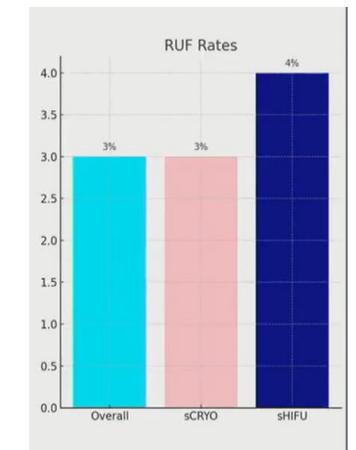
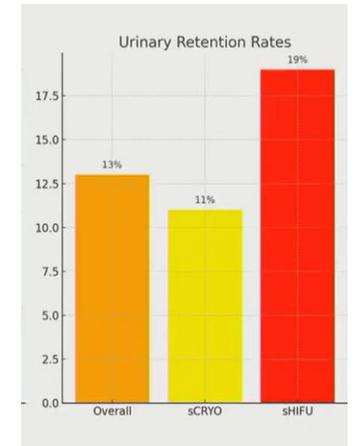
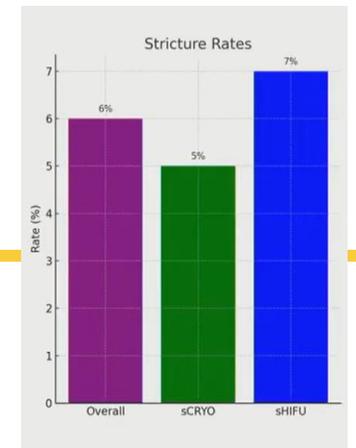
- PARTIAL GLAND ABLATION

- **BPFS at 2- and 5-yrs for partial sCRYO was 77% and 50% (10-year 42%)**
- BPFS at 2- years for partial sHIFU was 49-68%



Partial Gland Ablation – Low Toxicity

- Morbidity
 - Severe (Grade ≥ 3) complications after whole-gland 6% and after partial gland 0%
 - Lower-grade toxicities more frequent but were inconsistently classified across studies.
- Stricture:
 - Whole gland - stricture rates were 6%: sCRYO 5% and sHIFU 7%
 - Partial gland - stricture rate = 3-8% for focal sCRYO and 5-14% for focal sHIFU
- Urinary Retention:
 - Whole gland - urinary retention rate of 13% of men (sCRYO 11% and sHIFU 19%)
 - Partial gland - urinary retention rate of 6%
 - Severe/grade 3 urinary retention requiring intervention 1.1% - 2.4%
- Recto-urethral Fistula (RUF):
 - Whole gland - fistula rates of 3% (3% for sCRYO and 4% sHIFU)
 - Partial gland - fistula rates of 3% for sCRYO and 2% sHIFU)



Partial Gland Ablation - Low Toxicity

- Urinary Tract Infection:
 - Range from 3-11%
 - No grade 3 or severe UTIs were reported.
- Urethral sloughing
 - 3-15% in whole gland sCRYO and 8% in whole gland sHIFU
 - 2-3% in partial sCRYO and 8% in partial sHIFU
- Perineal pain
 - Ranging from (4-40%) for whole gland sCRYO and (4-31%) for partial sCRYO
- Hematuria
 - Whole gland sCRYO and sHIFU 4%
 - Partial sCRYO 7%



Partial Gland Ablation – Excellent Functional Outcomes

- **Urinary Function/continence:**

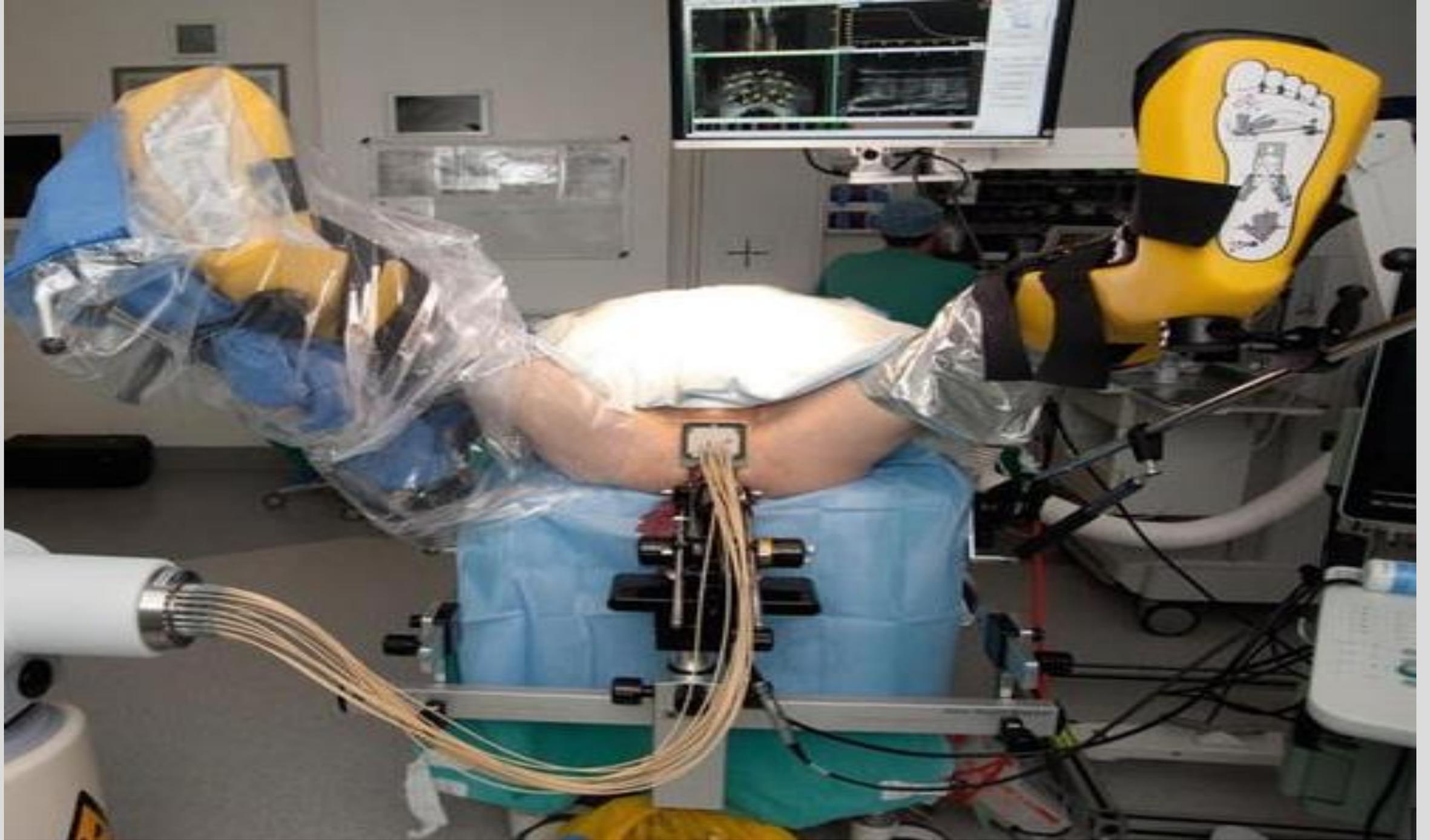
- **Whole gland ablation:** pad-free rate was ~80%
 - sCRYO 83%-97% > sHIFU 66%

- **Partial gland ablation:** pad-free rate was ~90%
 - sCRYO 91% > sHIFU 64%-84%

- **Erectile Function:**

- **Whole gland ablation:** Preserved EF for pre-salvage potent patients was 21%
- **Partial gland ablation:** Preserved EF for pre-operatively potent patients 41%
 - sHIFU 58-64% > sCRYO 36%





Are YOU Talkin' To ME About Brachytherapy?



LDR = Efficacy/Toxicity = HDR

CLINICAL INVESTIGATION

Salvage Low-Dose-Rate Prostate Brachytherapy: Clinical Outcomes of a Phase 2 Trial for Local Recurrence after External Beam Radiation Therapy (NRG Oncology/RTOG 0526)

Juanita Crook, MD, FRCP, Joseph P. Rodgers, MS, Thomas M. Pisansky, MD, Edouard J. Trabulsi, MD, Mahul B. Amin, MD, William Bice, PhD, Gerard Morton, MD, Albert D. Murtha, MD, Eric Vigneault, MD, MSc, Joelle Helou, MD, MSc, Jeff M. Michalski, MD, MBA, FASTRO, Mack Roach III, MD, FACR, FASTRO, David Beyer, MD, Ashesh B. Jani, MD, MSEE, FASTRO, Eric M. Horwitz, MD, FABS, FASTRO, Adam Raben, MD, Stephanie Pugh, PhD, and Howard Sandler, MD

INTERNATIONAL JOURNAL OF RADIATION ONCOLOGY

BJUI

Salvage permanent perineal radioactive-seed implantation for treating recurrence of localized prostate adenocarcinoma after external beam radiotherapy

David S. Aaronson, Ichiro Yamasaki, Alexander Gottschalk, Joycelyn Speight, I-Chow Hsu, Barby Pickett, Mack Roach III and Katsuto Shinohara
Department of Urology, University of California, San Francisco, CA USA
Accepted for publication 17 December 2008

Re-irradiation for salvage of prostate cancer failures

BRACHYTHERAPY

therapy

marshall

Salvage prostate brachytherapy for localized prostate cancer failure after external beam radiation therapy

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0360-3016/\$ - see front matter

CLINICAL INVESTIGATION

Prostate

LONG-TERM OUTCOME AND TOXICITY OF SALVAGE BRACHYTHERAPY FOR LOCAL FAILURE AFTER INITIAL RADIOTHERAPY FOR PROSTATE CANCER

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Department of ^{*}Radiation Oncology, [†]Urology, and [‡]Pathology, Mount Sinai School of Medicine, New York, NY.

Purpose: To describe long-term outcomes and toxicity after salvage brachytherapy (BT) for local failure after initial radiotherapy for prostate cancer.

Methods and Materials: Between 1994 and 2008, 37 men with local failure after initial prostate radiotherapy (32 external-beam radiation therapy [EBRT] and 5 BT) underwent salvage BT with ¹⁹²Pd or ¹²⁵I. Estimates of freedom from biochemical failure (FFBF, Phoenix definition) and cause-specific survival (CSS) were calculated using the Kaplan-Meier method. Toxicities were graded using CTCAE v3.0.

Results: Median follow-up was 86 months (range, 2–156). The median dose to 90% of the prostate volume was 122 Gy (range, 67–166). The 10-year FFBF and CSS were 54% and 96%, respectively. On multivariate analysis, prostate-specific antigen (PSA) >10 ng/mL at initial diagnosis was significantly associated with FFBF ($p = 0.01$), and there were trends for both age <70 years ($p = 0.08$) and PSA <6 ng/mL ($p = 0.08$) at the time of salvage BT. On multivariate analysis, only presalvage PSA <6 ng/mL ($p = 0.046$) was significantly associated with improved FFBF. There were three Grade 3 toxicities and one Grade 4 toxicity. Pelvic lymph node dissection before salvage BT was the only variable significantly associated with Grade ≥ 2 toxicity ($p = 0.03$).

Conclusion: With a median follow-up of 86 months, salvage prostate BT was associated with a 10-year FFBF of 54% and CSS of 96%. Improved FFBF was associated with a presalvage PSA <6 ng/mL. Toxicity was worse in patients who had undergone pelvic lymph node dissection before salvage BT. Careful patient selection for salvage BT may result in improved outcomes and reduced toxicity. © 2010 Elsevier Inc.

Magnetic Resonance Image-guided Salvage Brachytherapy After Radiation in Select Men Who Initially Presented With Favorable-risk Prostate Cancer

A Prospective Phase 2 Study

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BACKGROUND: The authors prospectively evaluated the late gastrointestinal (GI) and genitourinary (GU) toxicity and prostate-specific antigen (PSA) control of magnetic resonance imaging (MRI)-guided brachytherapy used as salvage for radiation therapy (RT) failure.

METHODS: From October 2006 to October 2007, 25 men with a rising PSA level and biopsy-proven, histopathologic cancer at least 2 years after initial RT, external beam RT, and brachytherapy for 12 men who had favorable clinical features (Gleason score ≤ 7 , PSA <10 ng/mL, negative pelvic and bone imaging studies), received MRI-guided salvage brachytherapy to a minimum peripheral dose of 137 gray on a plane 1/3 prostatic. Estimates of toxicity and cancer control were calculated using the Kaplan-Meier method.

RESULTS: The median follow-up was 47 months. The 4-year estimate of grade 3 or 4 GI or GU toxicity was 0%, and 13% of patients required a colonoscopy and/or urology to repeat a biopsy. An interval ≥ 4.3 years between RT courses was associated with both outcomes with a hazard ratio of 0.105 and 0.056, respectively ($P = 0.04$, $P = .002$) for grade 3 or 4 toxicity and 25 00% CI, 1.1–5.2). $P = .04$ for colonoscopy and/or urology (PSA control) for ≥ 2 additional RT courses.

CONCLUSIONS: The current results indicate that MRI-guided salvage brachytherapy in men who are selected based on promising characteristics and prostate PSA kinetics can achieve high PSA control rates, although complications requiring surgical intervention may occur in 10% to 25% of patients. Prospective randomized studies are needed to characterize the relative cancer control and toxicity after all forms of salvage local therapy. *Cancer* 2009;114:1485–1492. © 2007 American Cancer Society.

KEYWORDS: salvage therapy, brachytherapy, magnetic resonance imaging, late genitourinary recurrence, prostate cancer, prostate-specific antigen.



ELSEVIER

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BRACHYTHERAPY

Brachytherapy 16 (2017) 291–298

Prostate

Salvage of locally recurrent prostate cancer after external beam radiation using reduced-dose brachytherapy with neoadjuvant plus adjuvant androgen deprivation

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BRACHYTHERAPY

Brachytherapy 16 (2017) 1091–1098

Prostate

Salvage brachytherapy for recurrent prostate cancer after definitive radiation therapy: A comparison of low-dose-rate and high-dose-rate brachytherapy and the importance of prostate-specific antigen doubling time

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Current Prostate Cancer

After Previous Definitive Radiation Therapy: 5-Year Outcomes

Chien Peter Chen, MD, PhD,^{*} Vivian Weinberg, PhD,[†] Katsuto Shinohara, MD,[‡] Mack Roach III, MD,[§] Marc Nash, MD,[§] Alexander Gottschalk, MD, PhD,[§] Albert J. Chang, MD, PhD,[§] and I-Chow Hsu, MD[§]

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A Phase II study of treatment of locally external beam radiotherapy

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Advantages of HDR



Less toxicity

Better dose shaping and focal control

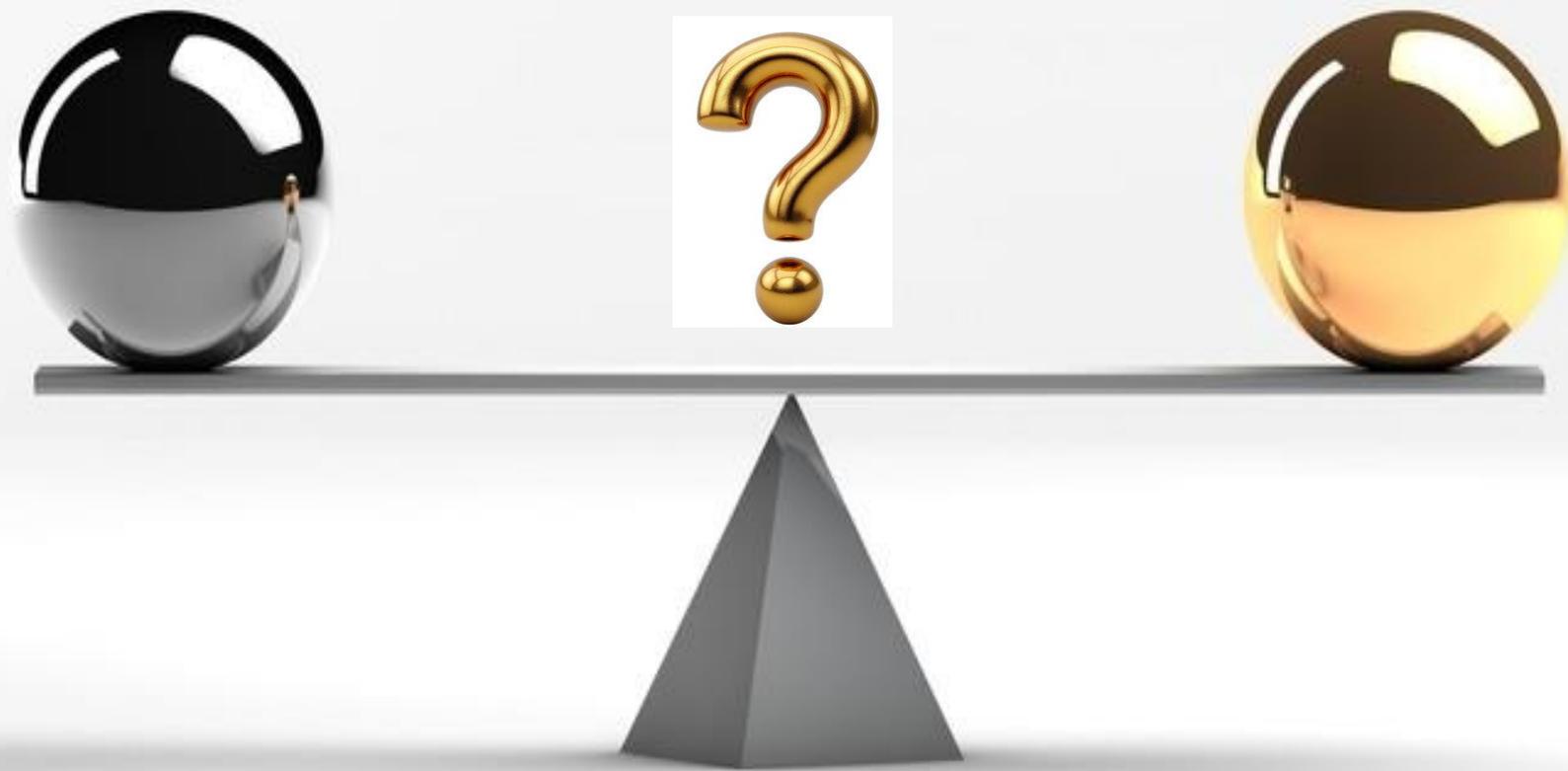
Less urethral exposure

No seed migration



LDR/HDR HAS A LONGER TRACK RECORD, AND PROVEN EFFICACY AND SAFETY,





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European Association of Urology



Platinum Priority – Review – Prostate Cancer – Editor's Choice

Editorial by Jack Zheng and Juanita Crook on pp. 293–294 of this issue

A Systematic Review and Meta-analysis of Local Salvage Therapies After Radiotherapy for Prostate Cancer (MASTER)

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(Meta-analysis, heterogeneous cohorts, publication bias)

Comparison of Salvage Modalities: 2 and 5 year RFS

- Two-year RFS was significantly lower for HIFU
- **No other differences found for 2- or 5-yr RFS**

	2-yr RFS	5-yr RFS
Radical prostatectomy		
Adjusted percent ^a (95% CI)	72% (66–78%)	53% (46–59%)
Odds ratio (95% CI)	1.0	1.0
<i>p</i> value	Reference	Reference
R ² (%)	0.0	0.0
Cryotherapy		
Adjusted percent ^a (95% CI)	66% (59–72%)	57% (49–65%)
Odds ratio (95% CI)	0.74 (0.49–1.12)	1.20 (0.80–1.79)
<i>p</i> value	0.2	0.4
R ² (%)	25	0.0
HIFU		
Adjusted percent ^a (95% CI)	52% (45–59%)	46% (37–55%)
Odds ratio (95% CI)	0.42 (0.28–0.64)	0.76 (0.48–1.21)
<i>p</i> value	<0.001	0.2
R ² (%)	0.0	41
SBRT		
Adjusted percent ^a (95% CI)	58% (46–69%)	56% (37–73%)
Odds ratio (95% CI)	0.52 (0.30–0.93)	1.13 (0.50–2.58)
<i>p</i> value	0.03	0.8
R ² (%)	55	4.2
HDR		
Adjusted percent ^a (95% CI)	77% (69–83%)	58% (52–64%)
Odds ratio (95% CI)	1.26 (0.77–2.09)	1.25 (0.88–1.78)
<i>p</i> value	0.4	0.2
R ² (%)	0.0	91
LDR		
Adjusted percent ^a (95% CI)	79% (72–85%)	53% (43–63%)
Odds ratio (95% CI)	1.49 (0.89–2.50)	1.02 (0.63–1.67)
<i>p</i> value	0.13	0.9
R ² (%)	4.3	5.2



Comparison of Salvage Modalities: Severe GU Toxicity

- HIFU highest rates of severe GU toxicity
- SBRT/HDR/LDR lowest severe GU toxicity
- Significant heterogeneity after accounting for covariates and limitations of study

	Severe GU toxicity (95% CI)
RP	21 (16–27)
Number of studies	43
Number of patients	1617
Heterogeneity (95% PI)	0.1–58
Cryotherapy	15 (10–22)
Number of studies	23
Number of patients	2618
Heterogeneity (95% PI)	0.0–48
HIFU	23 (17–29)
Number of studies	19
Number of patients	1737
Heterogeneity (95% PI)	4.2–49
SBRT	4.2 (0.8–9.1)
Number of studies	8
Number of patients	261
Heterogeneity (95% PI)	0.0–15
HDR	8.0 (5.1–11)
Number of studies	16
Number of patients	586
Heterogeneity (95% PI)	2.3–16
LDR	8.1 (4.3–13)
Number of studies	26
Number of patients	664
Heterogeneity (95% PI)	0.0–31



At The End of the Day, DATA MATTERS

Surgery

Cryoablation

HIFU

HDR brachytherapy

LDR brachytherapy



SBRT

If SBRT were better, wouldn't it outperform at least one of 5 techniques?

Data is too immature to predict
final stature



THANK YOU

Lee Richstone, MD, FACS, FRCS

Professor and Chair

Northwell Urology at Lenox Hill Hospital



Northwell Urology at Lenox Hill Hospital



DONALD AND BARBARA
ZUCKER SCHOOL of MEDICINE
AT HOFSTRA/NORTHWELL

Rebuttal

Lee Richstone, MD, FACS, FRCS

Professor and Chair

Northwell Urology at Lenox Hill Hospital



Northwell Urology at Lenox Hill Hospital



DONALD AND BARBARA
ZUCKER SCHOOL *of* MEDICINE
AT HOFSTRA/NORTHWELL

I Will Concede: Early SBRT Data → Comparable Efficacy & Toxicity

	5-Year bPFS
SBRT	50-60%
Brachytherapy	50-60%
Radical Prostatectomy	50-60%
Cryotherapy	5-85%
HIFU	30-70%
TULSA	~50%



	Severe GU toxicity (95% CI)
RP	21 (16-27)
Number of studies	43
Number of patients	1617
Heterogeneity (95% PI)	0.1-58
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Contemporary sSBRT Showing Equal Outcomes to Historical Data



Retrospective studies of outdated techniques

Poorly selected patients

Lack modern imaging (MRI/PSMA)

Differing definitions of radio-recurrence

Differing definitions of biochemical failure

Heterogeneity in measuring toxicity

Publication (as well as other) biases

Meta-analyses of heterogeneous data

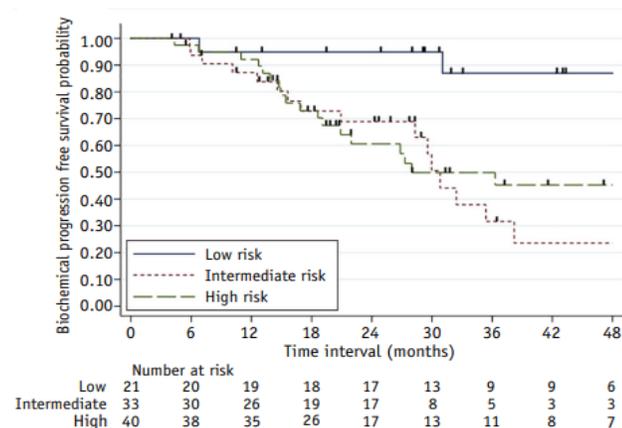
But sSBRT Data Is Simply Not as Robust

- Largest study is only **100 patients**
- Across 7 centers
- Treating **low risk** disease - **55% Gleason ≤ 6**
- Short Follow Up - **Median 29 months**
- **Concurrent ADT: 34%** (median 12 months)
- Actuarial 3-year grade ≥ 2 GU/GI toxicity was 20.8%
- **3-yr bRFS \rightarrow 55%**

Clinical Investigation

Salvage Stereotactic Body Radiation Therapy for Local Prostate Cancer Recurrence After Radiation Therapy: A Retrospective Multicenter Study of the GETUG

David Pasquier, MD, PhD,^{*,†} Geoffrey Martinage, MD,^{*} Guillaume Janoray, MD,^{‡,§} Damaris Patricia Rojas, MD,^{||} Dario Zerini, MD,^{||} Flora Goupy, MD,[¶] Renaud De Crevoisier, MD, PhD,^{¶,#,**} Emilie Bogart, MSc,^{††} Gilles Calais, MD, PhD,^{‡,§} Alain Toledano, MD,^{‡‡} Laurent Chauveinc, MD, PhD,^{‡‡} Nathaniel Scher, MD,^{‡‡} Pierre Yves Bondiau, MD, PhD,^{§§} Jean Michel Hannoun-Levi, MD, PhD,^{§§} Marlon Silva, MD,^{|||} Emmanuel Meyer, MD,^{|||} Philippe Nickers, MD, PhD,^{*} Thomas Lacornerie, MSc,^{¶¶} Barbara Alicja Jereczek-Fossa, MD, PhD,^{||} and Eric Lartigau, MD, PhD,^{*,†}





Jumping The Gun



“Unexpected skippery”

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Hot Topic

Lack of

Salvage stereotactic body radiotherapy (SBRT) for intraprostatic relapse after prostate cancer radiotherapy: An ESTRO ACROP Delphi consensus

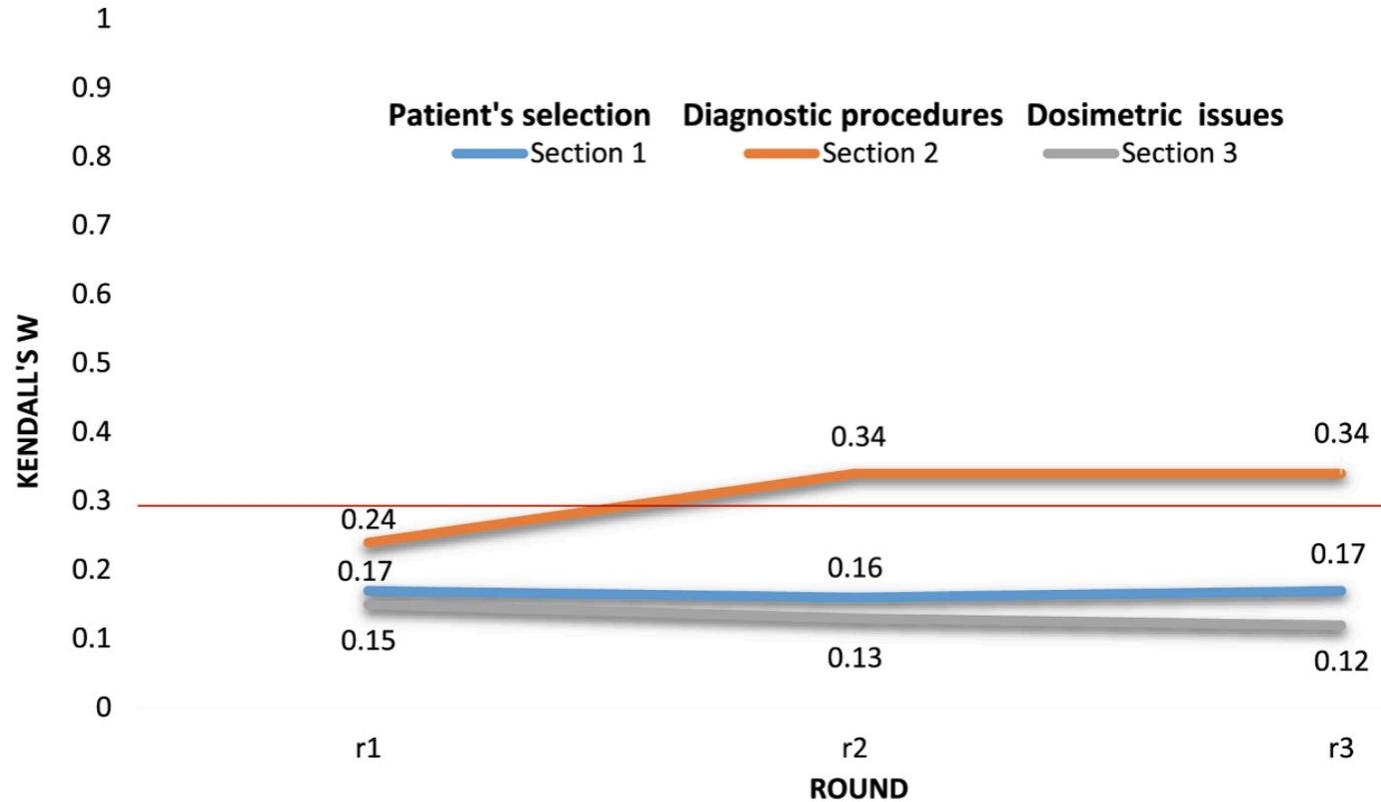


Barbara A. Jereczek-Fossa^{a,b,1}, Giulia Marvaso^{a,b,1}, Mattia Zaffaroni^{a,*},
 Simone Giovanni Gugliandolo^{a,c,d,2}, Dario Zerini^a, Federica Corso^{e,f}, Sara Gandini^e,
 Filippo Alongi^{g,h}, Alberto Bossiⁱ, Philip Cornford^j, Bernardino De Bari^{k,l}, Valérie Fonteyne^m,
 Peter Hoskin^{n,o}, Bradley R. Pieters^p, Alison C. Tree^{q,r}, Stefano Arcangeli^s, Donald B. Fuller^t,
 Ciro Franzese^{u,v}, Jean-Michel Hannoun-Levi^w, Guillaume Janoray^{x,y}, Linda Kerkmeijer^z,
 Young Kwok^{aa}, Lorenzo Livi^{ab}, Mauro Loi^{ac}, Raymond Miralbell^{ad}, David Pasquier^{ae,af},
 Michael Pinkawa^{ag}, Nathaniel Scher^{ah,ai}, Marta Scorsetti^{u,v}, Mohamed Shelan^{aj},
 Alain Toledano^{ah,ai}, Nicholas van As^{ak}, Andrea Vavassori^a, Thomas Zilli^{al,am}, Matteo Pepa^{a,3},
 Piet Ost^{m,3}, on the behalf of the European Society for Radiotherapy, Oncology Advisory
 Committee on Radiation Oncology Practice (ESTRO ACROP)

“No international guidelines or clinical indications exist on the use of salvage SBRT”

“Re-irradiation of intraprostatic recurrence remains disputed”

Consensus Only on Diagnostic Procedures!



Professor Garg Said it Best



“Data is early”
“There are a lot of unknowns”
“I personally don’t do it”
“Try to avoid it”

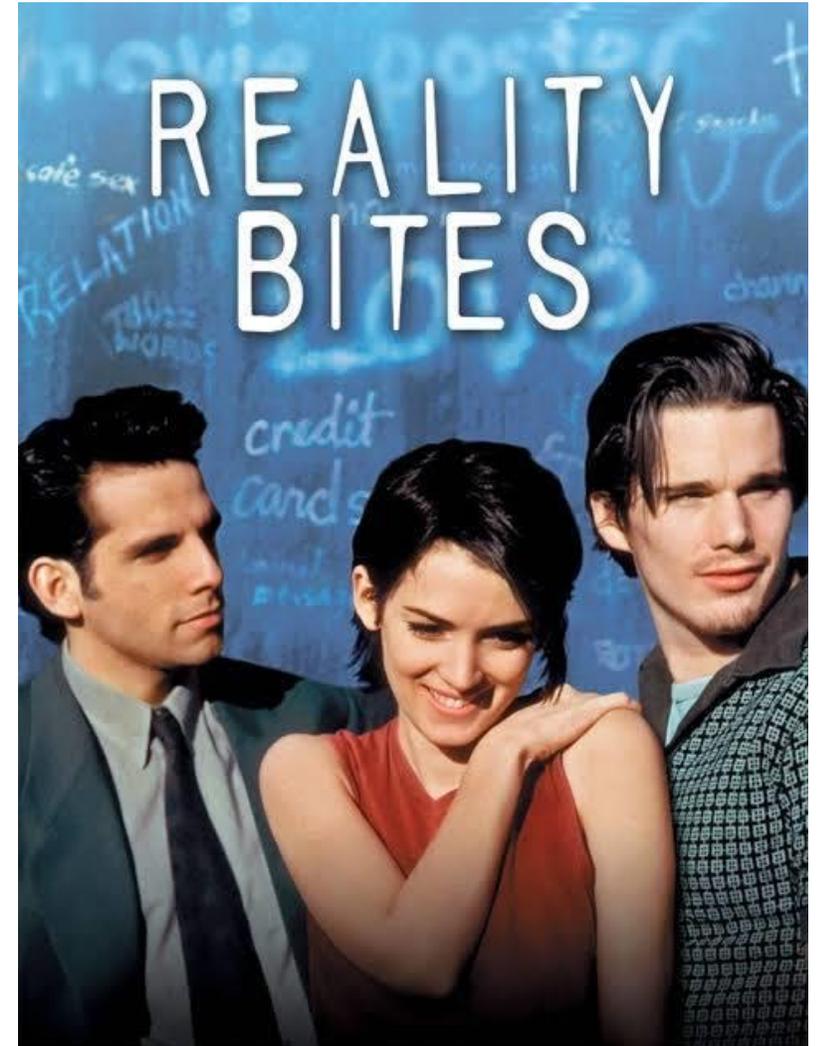
-Miami 1/3026-





REALITY BITES: THERE IS NO “WINNER”

- SURGERY
 - Some just “want it out’ or “radiation didn’t work the first time”
 - Clarity of follow up and maximize local control
- RADIATION AND ABLATION
 - Minimally invasive and short-duration
 - “I don’t want needles” “I don’t want to be cut”
- FOCAL THERAPY
 - Preserve current high function and minimize risk
 - Chance to preserve erectile function
- PATIENT/TUMOR FACTORS
 - Poor surgical candidate or prior RT toxicity
 - Tumor location and extent





C. Barzotti

*“Then, gentlemen, it is the consensus of this meeting
that we say nothing, do nothing, and hope it all blows
over before our next meeting.”*